## Learn to Two-Step Dance

Oance Class



Starts: October 14
7pm

5 week Basic Texas Two Step Class

Starts: Tuesday, October 14 2025 (meets Oct. 14, 21, 28, Nov. 4 & 11)

**Length: 5 sessions, 7:00-8:30 pm** 

Fee: \$59 per person

Northwest Technical School 1515 S Munn Ave, Maryville, MO 64468

Call to Enroll: (660) 562-3022

Scan for Info



- 1. Boosts your confidence
- 2. Reduces stress
- 3. Cardiovascular endurance
- 4. Dance promotes flexibility
- 5. Improve coordination

- 6. Dance improves memory
- 7.Dance boosts cardio health
- 8. Improves cognition
- 9. Social interaction, find new friends
- 10. Dancing is just plain fun to do.