

Western Waltz Class

Dance Class



Starts: Jan 20th
7pm

5 week Western Waltz Dance Class

**Starts: Tuesday, January 20, 2026
(meets Jan. 20, 27 Feb. 3, 10 & 17)**

**Length: 5 sessions, 7:00-8:30 pm
Fee: \$59 per person**



**Northwest Technical School
1515 S Munn Ave
Maryville, MO 64468
Call to Enroll: (660) 671-1283**

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for
Info



1. Boosts your confidence
2. Reduces stress
3. Cardiovascular endurance
4. Dance promotes flexibility
5. Improve coordination

6. Dance improves memory
7. Dance boosts cardio health
8. Improves cognition
9. Social interaction, find new friends
10. Dancing is just plain fun to do.