

Pattern Dance

Dance Class



Starts: April 7th
7pm

4 week Pattern Dance Class

**Starts: Tuesday, April 7, 2026
(meets April 7, 14, 21 and 28)**

Pattern Dance Class may include:

- Cowboy Cha-cha
- Electric Slide
- Horseshoe Shuffle
- Cotton Eyed Joe
- Ten Step
- Fireball
- Slow 20
- & More

Length: 4 sessions, 7:00-8:30 pm

Fee: \$48 per person

 **Northwest Technical School**
1515 S Munn Ave
Maryville, MO 64468
Call to Enroll: (660) 671-1283

Scan
for
Info



1. Boosts your confidence
2. Reduces stress
3. Cardiovascular endurance
4. Dance promotes flexibility
5. Improve coordination

6. Dance improves memory
7. Dance boosts cardio health
8. Improves cognition
9. Social interaction, find new friends
10. Dancing is just plain fun to do.