

Pattern Dance

Dance Class



**Starts: Sept 8th
7pm**

4 week Pattern Dance Class

**Starts: Tuesday, September 8, 2026
(meets Sept 8, 15, 22 and 29)**

Pattern Dance Class may include:

- Cowboy Cha-cha
- Electric Slide
- Horseshoe Shuffle
- Cotton Eyed Joe
- Ten Step
- Fireball
- Slow 20
- & More

Length: 4 sessions, 7:00-8:30 pm

Fee: \$48 per person



**Northwest Technical School
1515 S Munn Ave
Maryville, MO 64468
Call to Enroll: (660) 671-1283**

**Scan
for
Info**



1. Boosts your confidence
2. Reduces stress
3. Cardiovascular endurance
4. Dance promotes flexibility
5. Improve coordination

6. Dance improves memory
7. Dance boosts cardio health
8. Improves cognition
9. Social interaction, find new friends
10. Dancing is just plain fun to do.